

Dear Families,

In light of recent changes to SNAP benefits affecting many families in our area, we know that more of our neighbors may be feeling the strain of putting food on the table. As a community, we want everyone to know that help is available and that there are many ways to lend support if you're in a position to give.

For a full list of statewide support programs, including housing, food, childcare, and utility assistance, please visit the New Jersey Basic Needs Information Hub, a trusted resource connecting residents with vital services across the state.

Below are several local and regional organizations offering food support and volunteer opportunities throughout Monmouth County.

If You or Someone You Know Needs Food Assistance:

Bradley Food Pantry

www.bradleyfoodpantry.org

101 3rd Ave, Neptune City, NJ
Monday–Friday, 10 AM–12 PM

An all-volunteer pantry serving Bradley Beach, Neptune City, Avon, and surrounding towns. Offers fresh produce, pantry staples, and household items with dignity and care.

Mercy Center

mercycenternj.org

1106 Main St., Asbury Park, NJ

Provides a full-time food pantry, family support services, and youth education programs. Learn more at

Lunch Break

www.lunchbreak.org

121 Dr. James Parker Blvd, Red Bank, NJ

Hot meals served daily, and pantry and clothing services are available Provides free hot meals, groceries, clothing, and supportive services to individuals and families across Monmouth County.

The Mission (Asbury Park)

themissionap.com

1003 Asbury Ave, Asbury Park, NJ

A community outreach ministry providing meals, clothing, and personal care items to anyone in need in Asbury Park and surrounding towns.

Community Food Bank of New Jersey

cfbnj.org

The state's largest anti-hunger organization, supplying food to hundreds of pantries (many in Monmouth County) and providing nutrition education, SNAP outreach, and job training programs.

Norwescap – Food Assistance & Family Resources

norwescap.org

A regional organization offering food support, nutrition programs, workforce development, and family services. Norwescap operates several food distribution initiatives across central New Jersey.

If You're Able to Help

- Volunteer your time: Sort food, assist with pantry distribution, or help serve meals.
- Host or contribute to a food drive: Non-perishable staples like canned goods, rice, pasta, soup, and peanut butter are always appreciated.
- Donate directly: Even small contributions help these organizations purchase fresh food and fill urgent needs.
- Spread the word: Forward this email or share these links so others know where to find help or how to get involved.

Together, We Make a Difference

Our community is strongest when we look out for one another, especially during difficult times. Whether you're looking for assistance or hoping to lend a hand, every act of kindness helps ensure that no one in our community goes hungry.

For additional statewide resources and support programs, visit the **New Jersey Basic Needs Information Hub**

Warmly,

Courtney Pappas
Bradley Beach Recreation Director